



Corpus Christi Sunday 7th June 2026



17th - 25th June 2026 Clonard Solemn Novena

In honour of our Mother of Perpetual Help

WEEKDAYS

6:45am, 9:30am, 11:30am, 4:00pm, 6:00pm, 8:00pm.

SATURDAY and SUNDAY

6:45am, 9:30am, 11:30am, 1:30pm, 4:00pm, 6:00pm, 8:00pm.

Sacrament of the Sick Saturday, 20th June at 9:30am, 11:30am and 6:00pm

Procession in Thanksgiving to Our Mother of Perpetual Help

After the final 8:00pm Mass on Thursday, 25th June



This year's theme:

“Called and Sent”

DAY OF REFLECTION

The **Day of Reflection** is on 21st June each year. This special day is an opportunity for reflection and to remember that so many suffered from all corners of society in our conflict. This **Day of Reflection** service will be in **St Peter's Cathedral** on **Sunday 21st June 2026 at 3pm**. It will be attended by victims and survivors, as well as religious, civic and political representatives. *Everyone is invited* to attend.

DIocese of Down and Connor Loug Derg Pilgrimage 2026

Bishop Alan McGuckian SJ and **Jim Deeds** will lead a

Three-Day Pilgrimage to Lough Derg. Date: **Friday 19th – Sunday 21st June 2026**.

The bus will depart from St Patrick's Church Donegall Street. Cost £100 pp.

Places are limited early booking advised. To book contact Claire on 028 90690920 or email: pathwaystothefuture@downandconnor.org

We thank you for last week's collection which came to £3,150.

Also for your kind donations online and by post.

EXAM PRAYER INTENTION

During this **exam time**, you're invited to **write a prayer intention** in a special book at Saint Joseph's Altar. The name and intentions of the student you are praying for will be remembered in daily prayer here in Clonard.

May the Spirit of the Living God lead them, guide them, and give them his peace.

MASS TIMES AT CLONARD Public Mass and Masses via Webcam

Sunday 7:00am, 9:30am, 11:00am and 12:30pm

Monday, Tuesday Wednesday, and Friday 7:00am, 9:30am and 6:15pm

Thursday (Novena) 7:00am, 9:30am, 6:15pm and 8:00pm

Saturday 7:00am, 9:30am and 12:00 noon. **Sunday Vigil Mass** 7:30pm



REFLECTION: JOHN 6:51-58 THE MOST HOLY BODY AND BLOOD OF CHRIST

Food is what keeps us alive, but Jesus promises us something much deeper; a food that gives us life that never ends. In this Sunday's Gospel, Jesus delivers a radical message, declaring himself the "*living bread*" and inviting us to truly consume his flesh and blood so we can abide in him forever.

Fittingly, today we celebrate the **Feast of Corpus Christi**—the Solemnity of the Most Holy Body and Blood of Christ.

Think about the last time you sat down for a home-cooked meal with the people you love. There is a lovely comfort in sharing food, it restores our energy, brings us together, and makes us feel safe. When Jesus offers us the Eucharist, he is taking that familiar, everyday experience of nourishment and elevating it into a divine encounter. He isn't just offering us a symbol; he is offering his actual, living presence to sustain our souls. In our hectic, modern lives, it is so easy to feel spiritually depleted, running on empty—chasing things that don't satisfy us. The message today is simple:- let Jesus feed you. This week, ponder the mystery of **Corpus Christi**. When you receive the Eucharist, allow that divine life to change how you treat others. Let it give you the patience to listen to others, the strength to forgive someone, or the grace to offer a kind word to a stranger. By letting Jesus nourish us, we become like Him, bringing his living presence out into a world that is starving for love.

DOWN & CONNOR DIOCESAN NOVENA TO THE SACRED HEART: RENEW OUR HEARTS

Saturday May 30th to Sunday June 12th, the feast of the Sacred Heart of Jesus.

Bishop Alan McGuckian SJ invites us to join him in nine days of the Novena.

The booklet prayers are available in your own Church or online.

Bishop Alan's hope is that this novena will be prayed either individually or together by parishes, schools or families. Resources for the Novena and the links to join the

Novena Masses online are available on the Down and Connor website.

<https://www.downandconnor.org/blog/event/novena-sacred-heart-renew-hearts/>

ICONS: THEOLOGY IN COLOUR

The Order of the Knights of St Columbanus, Council 36, warmly invites you to

"Icons: Theology in Colour", an inspiring evening with Philip Brennan on

Wednesday, 10 June 2026, from 7.30pm–9.00pm at St Paul's Parish Centre, Belfast.

Philip will explore the rich traditions behind sacred images of Christ, Our Lady, the angels, and the saints. Discover how icons are windows into prayer, theology, and the spiritual life of the Church. Admission is *free*, - voluntary donations welcome in support of St Paul's Parish Carlo Acutis Youth Choir. *Refreshments served afterwards.*